

# Directions



## How To Use Our Formula:

Dosage is based upon your dog's weight. It's important that your dog receive the correct dosage each day for the initial 6 MONTHS OF TREATMENT. Chances are that you will see significant improvement much earlier, but don't cut back—it takes about six months for your dog's body to rebuild.

After six months, you may want to experiment with cutting back to a maintenance dosage.

Each serving of the Formula consists of three Parts (3 capsules and 1 tablet):

**Part 1** (2 capsules)

**Part 2\*** (1 capsule)

**Part 3** (1 tablet)

\* Please note that Part 2 is not suitable for pregnant dogs. Do not feed this portion of the Formula to females with puppies on the way.

Here's how to figure out how many servings of the Formula to give your dog each day for the first six months of treatment:

### SMALL SIZE DOGS

weighing under 40 lbs.:

- One full serving each evening, or...
  - One half-serving each morning
  - One half-serving each evening
- (4 pills total for the day)

### MEDIUM SIZE DOGS

weighing between 40 – 99 lbs.:

- One full serving each morning
  - One full serving each evening
- (8 pills total for the day)

### LARGE SIZE DOGS

weighing more than 100 lbs.:

- One full serving each morning
  - One full serving mid-day
  - One full serving each evening
- (12 pills total for the day)

If a mid-day serving is not possible, give your dog two servings each evening.

## Does Your Dog Really Hate Taking Medicine?

- Try wrapping each pill in a bite-sized morsel of soft, gooey cheese or peanut butter. Make it small enough so that your pet will gulp it down whole, without chewing.
- Or, try putting the pill into a pet treat. One we like is called "Pill Pockets™" which are available at either Petco or PetSmart.
- You can also pull apart a capsule or crush a tablet and mix the contents with your dog's food. This may not be ideal, unless you can be sure that your dog will eat the entire serving of both food and Winston's Joint Formula®.

## Hands-On Healing For Your Dog

We recommend that you really rub it in. Really! Acupressure massage is recommended for any hindquarter problems in dogs. Every morning, switch "on" the muscles in your dog's hindquarters with slow, deep fingertip massage. Massage both sides of your dog's spine, along the last 3 or 4 vertebrae, all the way to the base of the tail. Massage firmly enough to get a reaction from your dog—just a few minutes will make a big difference.

Consistent daily dosage is important for the first six months, so don't let your supply run out. And don't cut back the dosage when you see improvement (most dogs show good results within the first month!).

If your dog is in much pain or has a lot of difficulty getting up, we highly recommend that you add Winston's Pain Relief Formula to your dog's treatment program for the first 30 to 45 days. It should really make a big difference in making your dog comfortable until Winston's Joint Formula starts working.

## Considerations for very small dogs.

Very small dogs (under 15 lbs.) tend to have much more sensitive digestive systems – start slowly to avoid any discomfort for them... We recommend that you give a half dosage per day split into two servings for the first week, then go to a full dose after that time. If your dog has any difficulty taking the formula whatsoever, give us a call and we can most likely get to the root of the problem.

## We're always here to help.

Contact us for any dog-related health questions, or anything specific you'd like to know about joint problems. We're a great resource for information and can usually guide you to the right place. Even if we don't know the answer, we can usually find someone who can. We offer two convenient ways to contact us toll-free: 888-901-5557 or Email us at: [info@dogshealth.com](mailto:info@dogshealth.com)

## How long will this box last?

For dogs under 100 pounds, this box contains about a one month supply. For Large dogs over 100 pounds, about three weeks.

## How long will it take to see results?

Give our formula at least an eight week time frame (a two month supply) before making any determination about how well it works. Winston's is not like a drug that simply masks the symptoms of any problem; it is actually helping to repair your dog's body on many levels and that takes time. In many cases you may see immediate improvement, but please give it a chance to do its job.

Thank you for your interest.  
Winston's Pet Products



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